

## Desire Words

I feel X because I want (desire, need, wanted, desired, needed) . . .

- more quality time with you
- a clean, reliable car
- a home where the dog, the children, and I feel safe
- a happy graduate in a few years
- equal time
- equal consideration and respect
- a regular meal time
- respect for my expectations and my need to plan
- assurance that you respect and believe in me
- reminders of your love and care
- a full night's sleep
- understanding of your reasons
- a well-cared-for look to our lawn
- a sense of reliability in your promises
- an accident-free trip
- many safe rides with you
- happy results for you
- ways to let you know my appreciation of you
- well-planned meals
- respect for my time
- a confidentiality I can rely on
- a friendship with you when you are refreshed and happy
- a feeling that I've been heard
- the privilege of asking for the advice I want
- a budget that we can work with
- uninterrupted family time while we eat

## Request Words

Would you be willing to . . .

- reserve one evening this week for time with me
- wash the car today
- take the car for an oil change tomorrow
- get a new bowl to replace the one you broke
- talk to your teacher about tutoring in that class
- listen to me for five minutes when you're finished with what you're doing
- make lunch tomorrow to eat at noon
- turn in your next project a day early so I can plan better
- give me a report next week on your leads (or back orders, or balances)
- buy me a dozen roses to set on my desk at work
- get up for the baby tonight
- tell me one thing I you don't think I know about you
- mow the lawn today or tomorrow
- consider this promise for a day before expecting me to rely on it
- slow down now in the rain
- tell me one thing I can do to make your life more wonderful right now
- prepare my favorite food for dinner tonight
- message me tomorrow to confirm our appointment
- let me know if you tell anyone else what I just told you
- take a shower and a nap before we go out together tonight
- tell me what you just heard me say
- look at me now while I'm talking
- set a date this week when we can talk about our budget
- turn your cell phone off during dinner tonight